





Johnson County Middle School  
Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Holiday 2 	Sweet & Sour Chicken 3 Rice/Roll (or) Barbecue Sandwich  Breaded Okra Oriental Blend Mixed Vegetables	Baked Chicken 4 (or) Hamburger Steak/Gravy  Roll Seasoned Cabbage Fresh Butterbeans Yam Patties	Sloppy Joe on Bun 5 (or) Chicken & Dumplings  Carrot Soufflé Breaded Squash Seasoned Broccoli	Pizza of the Day 6 (or) Ham/Turkey/Cheese Sub  French Fries Garden Peas Carrot Sticks/Ranch
Spicy Chicken Sandwich 9 (or) Chili Dog  Mac & Cheese Sweet Potato Fries Seasoned Collard Greens	Chicken Alfredo/Roll 10 (or) Rib on Bun  Fresh Pink-eye Peas California Vegetable Blend Breaded Okra	Spaghetti/Roll 11 Green Beans Garden Salad Corn on Cob (or) Salad Bar	Cheeseburger 12 (or) Corndog Nuggets  Seasoned Broccoli Coleslaw Black-eyed Peas	Pizza of the Day 13 (or) Hot Wings  Curly Fries Mixed Vegetables Garden Salad
Mandarin Chicken 16 Rice/Roll (or) Italian Meatball Sub  Sweet Potato Waffle Fries Seasoned Green Beans Seasoned Pinto Beans	Chick Fillet (or) 17 Turkey/Bacon Cheese Sub  Seasoned Corn Seasoned Turnips Seasoned Carrots	Beefy Mac 18 (or) Popcorn Chicken  Roll Squash Casserole Fresh Pink-eye Peas Oriental Blend	Chicken Strips/Roll 19 (or) Hot Ham/Cheese Sandwich  Mashed Potatoes Cabbage Garden Peas	Pizza of the Day 20 (or) Mozzarella Cheesy Bread w/Salsa  Curly Fries Black-eyed Peas Carrot Sticks/Ranch
Sweet & Sour Chicken 23 Rice/Roll (or) Barbecue Sandwich  Breaded Okra Oriental Blend Mixed Vegetables	Baked Chicken 24 (or) Hamburger Steak Gravy  Roll Seasoned Cabbage Fresh Butterbeans Yam Patties	Crunch Taco 25 Lettuce/Cheese/Salsa French Fries Green Beans Carrot Soufflé (or) Salad Bar	Sloppy Joe/Bun 26 (or) Chicken & Dumplings  Carrot Soufflé Breaded Squash Seasoned Broccoli	Pizza of the Day 27 (or) Ham/Turkey/Cheese Sub  French Fries Garden Peas Carrot Sticks/Ranch
Spicy Chicken Sandwich 30 (or) Chili Dog  Mac & Cheese Sweet Potato Fries Seasoned Collard Greens	Apples come in all shades of red, green and yellow and provide fiber and vitamin C.	Apples float because 25% of their volume is air! 	<b>Chilled and/or Fresh Fruit Offered daily.</b>  <b>Get Fit Combo Offered Daily</b>	<b>Milk Choices Are Offered Daily</b>  All menus are subject to change due to product availability and vendor deliveries.



This institution is an equal opportunity provider.