

Johnson County School District Wellness Goals for SY 20

- A minimum of seven different Wellness links that relate to good nutrition, physical activity, an overall wellness will be made available to students, staff, and parents through school website and social media twice per school year.
- Schools will provide information to families that encourage them to teach their children about health and nutrition at two parent events per school.
- The school district will utilize two different outside resources twice a school year to provide nutrition and wellness education.
- Nutrition education will be evident in each school cafeteria through posters, bulletin boards, flyers, and handouts interchanged three times per school year.
- 100 percent of all students will participate in the Cooper FitnessGram.
- Parents and students will be informed of physical activities in the community, school sponsored events, and/or extracurricular activities by means of social media, website, or flyers twice per school year per school.
- Johnson County School district will have no birthday celebrations during the school day.
- Food fundraisers will not be sold in cafeterias or in competition with school breakfast or lunch.
- 100% of all school nutrition personnel will have the required in-service training.
- The Johnson County School District will make the wellness policy available to all via www.johnson.k12.ga.us and student handbook.

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