

WELLNESS GOALS AND RESULTS FOR FY 2019

1. Offer locally/Georgia grown items in the school cafeterias a minimum of 2 times per week.

RESULTS: 100% (2020 Vision Tool)

Mayfield Dairy- Macon, GA.

Derst Baking- Savannah, GA.

Pete JacksonFarm- Midville, GA.

Chicken and beef products- Samples Institutional Foods, Atlanta, GA.

Blueberry Juice- Blackshear, GA.

Royal Produce - Atlanta, GA.

2. Students will participate in taste test a minimum of 2 times in SY 2019

RESULTS: 100%

Middle/High School (zucchini salad and blueberry juice)

Elementary School (zucchini chips and orange glazed sweet potatoes)

3. Wellness information will be incorporated in parent meetings at least twice a year.

RESULTS: 100%

PTO Meetings, Front Office, Parent Resource Rooms

4. The district will use community resources to provide nutrition and wellness education at least twice a year.

RESULTS: 100%

Georgia Farm Bureau

Johnson County Young Farmers Association

Pete Jackson Farm

UGA Extension Office

Phillips Produce

Sunny Day Farms

Georgia Legal Services

5. Physical education classes will participate in state fitness gram testing. (Grades 1-12)

RESULTS: 100%

Cooper Institute FitnessGram